



ERASMUS+ COOPERATION PARTNERSHIPS IN YOUTH

"GIG UP" Project n°2021-1-DE04-KA220-YOU-000028951

GIG UP Online Library User and Content Guide





GIG UP Online Library User and Content Guide



GIG UP

The Gig Economy as an Activator for Employability Skills in Unemployed Youth

Create a new account or log in to GIG UP Online Library

https://gigup-hub.eu/login/index.php

GIG U	•		
	Already have an account?		
Erasmus+ Cooperation	O Username / email		
© Cookies must be enabled in your browser (?)	Password Remember username		
Is this your first time here?	Log in		
For full access to this site, you first need to create an account.	Forgotten your username or password?		
	Create new account		

When you log in, you will reach the home page

On the home page, you will see project information and a bar where you can access the pages you want from the bar on the left.















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Dashboard

You can access all the courses you are registered from Dashboard. The course you last entered into will be at the top. You can see how much progress you have made in all courses in the percentages below each course.

















Calendar

You can mark important dates in the calendar tab and observe your progress regarding the courses. In addition, you can export or manage calendars externally.

Month 🔹	All courses 🗢					New ever
 Februar 	All courses English Courses	March 2024				April 2024
МС	Greek Courses	WED	THU	FRI	SAT	SUN
	Spanish Courses German Courses			1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Private Files

You can upload the files you need here and access them easily whenever you want.

Files	Maximum size for new files: 100MB, overall limit: 100MB
	You can drag and drop files here to add them.
	Save changes Cancel















My Active Courses

This tab is a shortcut to access courses you have previously registered for. You can easily access the content by clicking on the course you registered for here.

Available courses
© English Courses
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© Greek Courses
💱 Italian Courses 🎙
© Spanish Courses ®
🕏 German Courses 🄊
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Although the course contents in all the languages you can enrol in are the same, they have been translated and adapted into the national languages (English, Greek, Italian, Spanish, German) of all partner countries so that more individuals can benefit.

The educational content in each language is divided into 10 sections, and under each section there are information notes (pdfs), interactive graphics and quizzes as course content.



Upon completion of the courses and successful submission of the quizzes, the person is entitled to receive a certificate.

On the next page, you will see summaries of the course content:















GIG UP Online Library User and Content Guide



Our Introduction!

Your progress?

? Welcome to the Online Library! Our curated collection of resources is designed to equip gig workers and self-employed individuals with the essential skills needed to excel in today's fast-paced economy.

From communication and managerial skills to personal branding, financial literacy, and resilience, our library covers a range of topics to support your professional development journey. Each resource is carefully crafted to provide practical insights and strategies that you can implement immediately to enhance your success in the gig economy. 🖥 🗸

Lesson 1: Communication skills

The module on "Communication Skills" discusses communication in the digital era, with a focus on the gig economy. It highlights the importance of effective communication for gig workers in understanding employers' needs, complying with agreements, and maintaining satisfaction.

The chapter emphasizes adapting communication channels to employers' preferences, building personal portals, and seeking feedback. Digital competence, including content creation and data literacy, is crucial for success in the gig economy. Overall, the chapter encourages constant improvement of communication skills for a thriving gig business.

Lesson 2: Managerial skills

In this course, we'll delve into essential managerial skills to boost productivity and focus in your work. You'll learn effective time-management techniques, how to seize new opportunities, and delegate tasks efficiently. We'll cover setting long-term goals aligned with your vision, crafting detailed project plans, and adapting to changing situations.

Conflict and risk management will be discussed, along with strategies for prioritizing tasks and allocating resources wisely. By the end, you'll have the tools to create agile strategies suited for the digital age, empowering you to succeed in your professional endeavors.

Lesson 3: Personal branding & pitching

This module covers several key aspects of managing one's professional digital presence. It begins with exploring online identity perception, emphasising the importance of crafting a positive and consistent image. The content delves into managing professional digital profiles, addressing elements such as accessible digital content and obtaining copyright permission for third-party materials.

The chapter also discusses communication strategies, focusing on how to effectively convey one's personal brand and pitch skills to approach customers. It provides insights into honing pitching skills and establishing a strong personal brand to enhance professional opportunities in the digital landscape.

Overall, the chapter is a comprehensive guide for individuals looking to strategically manage and leverage their online presence for personal and professional growth.

Lesson 4: Legislation in my country and EU

The module provides a comprehensive overview of legislation governing self-employment within your country, alongside an exploration of the rights granted to self-employed individuals within the European Union (EU). Participants will delve into the legal frameworks, regulations, and obligations pertinent to self-employment at both national and EU levels.

Lesson 5: Project management: how to tackle problems

The module provides a history of project management, a description of projects and project management and the reasons project management is important for Gig economy participants. We then delve into project management skills, the reasons projects fail and how to better project manager.













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Lesson 6: Financial skills

The module focuses on the financial skills gig professionals must have in order to grow. The course includes a history of finance, key financial terms and products and their use, as well the history of major financial crises and the lessons they have.

Lesson 7: Resilience, mental health, coping strategies for stress

In this module, participants explore the complex subject of resilience and mental health. The module thoroughly examines the definition of mental health, emphasizing its critical role in our overall well-being and ability to deal with life's challenges. It sheds light on the factors that influence mental health, including socioeconomic status, biology, and the environment. Individuals are equipped with strategies for effectively dealing with daily pressures and challenges after an in-depth examination of stress management techniques.

Furthermore, the module emphasizes the importance of developing resilience, which it defines as the ability to positively adapt to obstacles and challenges. Participants are encouraged to develop resilience through a variety of means, such as maintaining supportive relationships, establishing routines, and finding meaning in their work.

Participants who apply a holistic approach to well-being are empowered to improve their mental health, effectively manage stress, and thrive in both personal and professional areas.

Lesson 8: Enhancing your skills: how to stay updated

The module focuses on equipping participants with the knowledge and tools necessary to stay updated within their professional fields, explore various training options available, and understand the significance of continuous learning in today's dynamic landscape.

Lesson 9: Market analysis

The module on "Market Analysis" discusses the digital revolution in industries and the labor market, focusing on the introduction of new emerging jobs created by on-demand workers within the economic model of the gig economy. Through a market survey, the module provides: 1) an identification of platform workers in Europe with an in-depth study of the Italian context; and 2) a reconstruction of the regulatory developments in Europe.

The chapter provides the definition and description of market analyses based on both qualitative and quantitative approaches and on both primary and secondary data, showing the main results capable of profiling gig workers as people with a second job and people with fixed-term contracts in Europe. A case study on NEETs in Italy is presented with a focus on socio-demographic characteristics and another on job search platforms.

Lesson 10: Local authorities

CERTIFICATE

Certificate of Modules

Restricted Not available unless: You get an appropriate score in Quiz













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Accessibility Settings

If you need, you can access the course contents with the "default font" or "dyslexic font" options using the accessibility settings.



















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